

Number	First name	Surname	Fastest	Time Today	Improvement
205	Charlotte	Roman	00:35:00	00:27:58	00:07:02
364	Ella	Dainty	00:31:59	00:29:48	00:02:11
203	Tom	O'Boyle	00:21:00	00:19:39	00:01:21
584	Sarah	Kenyon	00:32:52	00:31:52	00:01:00
578	Sue	Potts	00:29:44	00:28:48	00:00:56
563	Anne	Strowger	00:26:55	00:26:08	00:00:47
570	Karen	Woodcock	00:34:08	00:33:24	00:00:44
568	Rachel	Storey	00:25:55	00:25:15	00:00:40
198	Lisa	Millar	00:23:57	00:23:20	00:00:37
366	Paul	Dainty	00:24:09	00:23:39	00:00:30
558	Toni	Ireland	00:28:38	00:28:10	00:00:28
579	Sandra	Pattinson	00:27:27	00:27:04	00:00:23
194	Oliver	Stokes	00:23:35	00:23:13	00:00:22
598	Ceri	Christie	00:26:33	00:26:23	00:00:10
204	David	Rose	00:22:00	00:21:55	00:00:05
573	John	Stokes	00:26:34	00:26:35	00:00:01
599	David	Brown	00:20:53	00:20:55	00:00:02
597	Ed	Christie	00:25:26	00:25:32	00:00:06
547	Robin	Guy	00:18:17	00:18:25	00:00:08
581	Pauline	Newton	00:24:24	00:24:33	00:00:09
356	Alex	Jangmayr	00:20:52	00:21:02	00:00:10
596	Tony	Churm	00:24:21	00:24:32	00:00:11
582	Aimee	McPhee	00:26:53	00:27:08	00:00:15
548	Maurice	Reid	00:19:10	00:19:44	00:00:34
580	Paul	Parkinson	00:18:14	00:18:57	00:00:43
575	Prue	Shelley	00:26:04	00:26:51	00:00:47
367	Garry	Bowness	00:28:09	00:28:59	00:00:50
569	Norma	Jones	00:34:09	00:35:19	00:01:10
201	Bernie	Holbrook	00:24:00	00:25:16	00:01:16
59	Kevin	Nicklin	00:22:32	00:23:59	00:01:27
206	Chris	Adcock	00:22:00	00:24:10	00:02:10
358	Matt	Wellmann	00:29:15	00:31:41	00:02:26