

Position	First Name	Surname	Nmbr	Club	Gender	Cat	Time
1	Chris	Davies	287	Telford AC	M	SM	16.53
2	Paul	Ward	371	Wrekin Road Runners	M	MV45	17.02
3	Ryan	Heath	305	Telford AC	M	SM	17.51
4	Will	Joyce	312	Telford AC	M	SM	18.00
5	Robin	Sedman-Smith	436	Unattached	M	SM	18.37
6	Sam	Garmson	277	Telford AC	M	JM	18.55
7	Dale	Wilkinson	401	Telford AC	M	MV40	18.57
8	Claire	Martin	327	Telford AC	F	SL	19.05
9	John	Garmson	276	Telford AC	M	MV45	19.24
10	David	Tatton	352	Telford AC	M	SM	19.42
11	Gareth	Dodd	363	Whitchurch Whippets	M	SM	19.53
12	Ronan	Malt	10	Unattached	M	SM	20.51
13	Maurice	Reid	432	Newport & District RC	M	MV45	21.14
14	Michael	Barratt	461	Newport & District RC	M	MV45	21.30
15	David	Brown	383	Newport & District RC	M	SM	21.34
16	Kevin	Brown	381	Unattached	M	MV40	21.36
17	Lee	Rudd	292	Wrekin Road Runners	M	MV40	21.41
18	Tom	Morris-Eyton	473	Unattached	M	SM	21.46
19	Paul	Williams	317	Wrekin Road Runners	M	MV60	21.47
20	Ian	Hopkins	315	Harlequins OC	M	MV45	22.04
21	Paul	Bearblock	437	Unattached	M	MV45	22.11
22	Charles	Macdonald-Jones	396	Unattached	M	SM	22.39
23	Stephen	Gill	398	Wrekin Road Runners	M	MV45	22.56
24	Chris	Elsley	399	Stafford Harriers	M	MV40	22.59
25	Gregory	Perkins	397	Telford AC	M	MV55	23.01
26	Mark	Deighton	449	Newport & District RC	M	MV50	23.05
27	Cheralyn	Evans	324	Telford AC	F	LV50	23.07
28	Chris	Morrissey	434	Unattached	M	MV50	23.11
29	Glyn	Hesbrook	391	Newport & District RC	M	SM	23.15
30	Karen	Harvey	407	Newport & District RC	F	LV40	23.33
31	Lisa	Blagden	330	Telford AC	F	LV40	23.42
32	Jonathan	Pierce	319	Telford Harriers	M	MV60	23.49
33	Helen	Cork	404	Newport & District RC	F	SL	23.51
34	John	Littley	486	Telford Harriers	M	MV50	23.55
35	Callum	Barkley	402	Unattached	M	JM	24.06
36	Degan	Capes	294	Unattached	M	JM	24.16
37	Oliver	Stokes	424	Newport & District RC	M	SM	24.28
38	Kathy	Jones	307	Sy Tri	F	SL	24.40
39	Josh	Barratt	463	Unattached	M	JM	24.45
40	John	Gough	354	Market Drayton RC	M	MV50	24.47
41	Jon	Falloner	431	Unattached	M	SM	24.59
42	Philip	Barkley	400	Unattached	M	MV40	25.03
43	Mark	Kelson	382	Unattached	M	MV60	25.24
44	Adam	Tatton	350	Unattached	M	JM	25.26
45	Nigel	Tatton	349	Telford AC	M	MV45	25.27
46	Paul	Spriggs	309	Wrekin Road Runners	M	MV40	25.29
47	Sarah	Aston	378	Wrekin Road Runners	F	LV40	25.40
48	Dave	Davies	380	Telford AC	M	MV50	25.44
49	Tony	Churm	374	Newport & District RC	M	MV60	25.52
50	Graham	Kirk	17	Unattached	M	MV55	26.00

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51	Adrian	Capes	295	Unattached	M	MV40	26.01
52	Charlotte	Passey	373	Unattached	F	SL	26.03
53	Rob	Lampitt	296	Unattached	M	MV45	26.05
54	Barrie	Kay	375	Newport & District RC	M	MV60	26.11
55	Linda	Edmondson	299	Wrekin Road Runners	F	LV50	26.24
56	Rachel	Parker	429	Aldridge RC	F	LV35	26.27
57	Mark	Evans	318	Wrekin Road Runners	M	MV45	26.34
58	Jamie	Dean	421	Unattached	M	JM	27.01
59	Jo	Phillips	313	Unattached	F	SL	27.18
60	Jane	Chapman	389	Newport & District RC	F	LV45	27.20
61	Caroline	Partridge	395	Unattached	F	LV40	27.27
62	Karen	Stott	357	Unattached	F	LV40	27.30
63	Verinia	Thomas	290	Wrekin Road Runners	F	SL	27.33
64	Mel	Dodd	362	Unattached	F	LV35	27.37
65	Paul	Hughes	457	Unattached	M	SM	27.39
66	Pauline	Keswick	335	Wrekin Road Runners	F	LV50	27.41
67	John	Higgins	269	Unattached	M	MV45	28.04
68	Katie	Hill	417	Unattached	F	JL	28.06
69	Amy	Hughes	456	Newport & District RC	F	SL	28.21
70	Ian	Beattie	306	Telford AC	M	MV50	28.25
71	Claire	McAllister	288	Wrekin Road Runners	F	SL	28.30
72	Wendy	Hill	419	Newport & District RC	F	LV45	28.40
73	Barry	Tonghe	423	Newport & District RC	M	MV50	28.52
74	Laurence	Gale	336	Unattached	M	MV55	28.54
75	Paul	Bishton	257	Unattached	M	MV45	28.59
76	Tony	Menzies	474	Unattached	M	MV40	29.02
77	Claire	Hambleton	471	Unattached	F	SL	29.03
78	Penny	Russell	343	Unattached	F	SL	29.06
79	Alison	Haycocks	301	Wrekin Road Runners	F	LV35	29.24
80	John	Stokes	426	Newport & District RC	M	MV55	29.29
81	Michelle	Hughes	345	Sy Tri	F	SL	29.40
82	Alan	Hodgkiss	310	Telford AC	M	MV65	29.47
83	Jon	Aston	379	Wrekin Road Runners	M	MV45	29.51
84	Sarah	Hodgson	428	Wrekin Road Runners	F	LV45	30.30
85	David	Morgan	346	Sy Tri	M	SM	30.41
86	Mike	Ricketts	392	Unattached	M	MV65	31.22
87	Claire	Leavy	340	Unattached	F	SL	31.27
88	Neil	Robins	427	Unattached	M	MV40	31.34
89	Patsy	Morrissey	435	Unattached	F	LV45	31.51
90	Sarah	Downes	377	Unattached	F	SL	32.01
91	John	Brown	344		M	SM	32.02
92	Steven	Tivey	499	Nova United JFC	M	SM	32.03
93	Gary	Bowness	496	Newport & District RC	M	MV40	32.13
94	Emma	Haywood	416	Unattached	F	LV40	32.15
95	Kerry	Smith	376	Unattached	F	SL	32.18
96	Jessica	Phillips	347	Sy Tri	F	SL	32.20
97	Ross	Weston	342	Wrekin Road Runners	M	MV40	32.34
98	Luca	Howells	289	Wrekin Road Runners	M	JM	32.48
99	Donna	Howells	291	Wrekin Road Runners	F	LV40	32.50
100	Bryan	Roberts	339	Unattached	M	MV45	32.52
101	Nicky	Menzies	475	Unattached	F	LV40	33.03

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102	Ted	Amsby	403	Unattached	M	MV60	33.13
103	Hayley	Rose	302	Unattached	F	SL	33.19
104	Pam	Weston	341	Wrekin Road Runners	F	LV35	33.20
105	Jo	Ward	372	Wrekin Road Runners	F	SL	33.27
106	Katrina	Jones	469	Unattached	F	LV40	33.50
107	Luisa	Gray	430	Wrekin Road Runners	F	LV35	34.05
108	Catherine	Hughes	15	Wrekin Road Runners	F	LV45	34.06
109	Katie	Margnall	360	Cheadle RC	F	SL	34.43
110	James	White	448	Unattached	M	JM	35.47
111	Les	Goodchild	438	Unattached	M	MV55	35.51
112	Charlotte	White	450	Unattached	F	LV40	36.00
113	Julie	Jones	439	Unattached	F	LV40	36.00
114	Andy	Parker	485	Unattached	M	MV50	36.03
115	Nigel	Parton	420	Unattached	M	SM	36.07
116	Chris	James	314	Telford Harriers	F	LV40	36.29
117	Karen	Woodcock	425	Newport & District RC	F	LV50	36.47
118	Deborah	Hale	452	Telford Harriers	F	LV45	37.01
119	Marie	Hall	418	Unattached	F	SL	38.39
120	Kelly	Dean	422	Unattached	F	SL	38.40
121	Cynthia	Lewis	308	Telford Harriers	F	LV60	39.14
122	Kate	Adams	297	Unattached	F	SL	40.55
123	Margaret	Dalkin	355	Unattached	F	LV70	40.56
124	Ken	Rickardi	298	Wrekin Road Runners	M	MV65	40.58
125	Kathy	Ling	23	Wrekin Road Runners	F	LV65	46.24
126	Heather	Hulse	275	Unattached	F	SL	46.24
127	Scott	Cassell	19	Unattached	M	SM	47.48
128	Danny	O'Brien	22	Unattached	M	SM	47.48
129	Sam	Burton	21	Unattached	M	SM	47.48
130	Jack	Arbon	20	Unattached	M	SM	47.48
131	Paul	Morey	18	Unattached	M	SM	47.48
132	Ian	Emery	328	Unattached	M	MV65	52.38